



Life Line Medical Training Centre



AHA Basic Life Support Refresher (BLS-R) Course

Introduction:

We are training provider for different courses provided by American Heart Association, which include: **Basic Life Support (BLS)**

Advanced Cardiovascular Life Support (ACLS)

Pediatric Advanced Life Support (PALS).

Objective:

Cardio-Pulmonary Resuscitation (CPR) is fundamental to all resuscitation and with paramount importance in saving lives, while use of Automated External Defibrillator (AED) is one of the necessary skills to restart a dying heart. This course delivers practical and erudition on CPR, Recovery Position, Choking Management, Principles of Defibrillation and AED Operation. It consists of interactive lectures, demonstrations and student practice on the above skills. Candidates who passed the written and practical assessments will be awarded a “Basic Life Support Provider Certificate” issued by American Heart Association.

Contents:

- ✧ **Introduction of Resuscitation**
- ✧ **Principles of BLS and Chain of Survival**
- ✧ **Single and Two Rescuer CPR**
- ✧ **Ventilation with BVM**
- ✧ **Principles of Defibrillation**
- ✧ **AED Operation**
- ✧ **Scenario Practice of AED**
- ✧ **Rescue Breathing**
- ✧ **Choking Management**

Target Group:

In-hospital Medical personnel such as doctor, nurse, allied health staff, Pre-hospital Emergency Medical Technician and any persons who is interested on it.



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Date:

To be confirmed

Time:

0900 – 1230

Venue:

Workshop 8, 23/F., Kimberland Center,
No. 55, Wing Hong Street,
Lai Chi Kok, Kowloon,
Hong Kong

Pre-requisite:

Able to read and understand English

Handbook:

Candidate should bring along with their own Current edition of American Heart Association Basic Life Support Manual version 2015 to attend the class.

Course fee:

HK\$400./head

